



Ph: 5472 3665/5470 6284 Mob: 0472 698 513 www.castlemainechildcare.com.au Newsletter July 2019
carinya@castlemainechildcare.com.au

Welcome to our July Newsletter

We acknowledge Dja Dja Wurrung and Taungurung clans and the land on which the business of Castlemaine Childcare Co-operative - incorporating Mt Alexander Family Day Care and Castlemaine Child Care Centre - takes places and we recognise elder's past, present and emerging.

Dear Families

There's always plenty of action in both centre-based long day care (Castlemaine Centre) and in family day care, whether it be in-venue after school care or long day care within an educator's home. One of the great parts of the program for which I am especially and always excited are the fantastic excursions in which children regularly take part. Our family day care and centre-based educators take the children on walking and driven excursions to involve the children in the broader community. The library, the park, the post office, to schools, kindergartens, playgroup, visits to other educators, the train station, the Hub garden, the supermarket to buy the ingredients required to cook with and of course for the kindergarten children at Carinya the wonderful Bush Kindergarten.

To all the educators who put great thought and energy into the community engagement part of the program, well done. You are only limited by your imagination and you must all have great imaginations because I am yet to see limits. Educators spend time before any of these excursions can take place, assessing and planning for all real and possible risks to make the excursions safe and enjoyable.

Forging stronger links between you, your child and your child's educator is borne out by research to be an important part of supporting your child's ease and participation in their out of home care and education environment. Spending time at the beginning of the day asking them to find what interests them or a friend that they want to make known to you; or at the end of day, asking your child to share something that was enjoyable or interesting to them can take five minutes (or more sometimes) but can reap important rewards. It is a great transition time for children also between you and care or between care and you. If these times *are* stressful, ask your educator and your child too if there is something more that you can do to make the transition easier.

Until next month, Rose Lavery - Director

Important Dates

**Bush Kinder for Term 3
Mondays and Thursdays.
First day July 15, 2019
9;30am departure**

**August 2 Jeans for Genes
day.** Come in your jeans to support children born with birth defects or genetic disease.

August 30 – Tracky-dack day

**Sept 4 Museum Visit for
3-5 yr. olds at 2.15pm**

**Thank you for your support
with P.J day we raised \$120
for Asthma Australia.**

Please Remember

LDC Centre - Advise of absences through **KidsXap app**.

REMEMBER to SIGN your child IN and OUT each day

KidsXap web portal address:

<https://castlemainechildcarecoop.kidsxap.com.au>

LDC IMPORTANT INFORMATION

KidsXap – Please use the app to check bookings, confirm bookings, update your address, bank details etc etc

Make sure you have an active MyGov account. Only you can confirm enrolments and changes and view subsidies via this app.

Committee of Management

This year is the 40th anniversary of the forming of the Castlemaine Childcare Co-operative (Limited) by a group of parents who pooled their enthusiasm and made things happen! It was the formalising of care arrangements in Castlemaine and the beginning of the parent governance that we know as the Committee of Management. Family Day Care came along a few years later with a successful submission for funds and over the last little while has spread its wings to incorporate educators in the Greater Bendigo area, Inglewood, Navarre, Seymour, Puckapunyal and Castlemaine and District. For some families, Mt Alexander Family Day Care provides the only childcare available to them for more than 40km!

Castlemaine Childcare is providing care to the children of the children who came to Carinya in those first years. If you have a great idea for how you would like to see the 40th year of Carinya celebrated, please drop a line to carinya@castlemainechildcare.com.au or have a word with one of the Committee or staff.

LDC Reminders for all centre-based children - please:

- ❖ **send a change of clothes appropriate to the weather with your child.**
- ❖ **bring a piece or two of fruit daily.**

Do you have KidsXap on your phone? Ask us for assistance to download the app so that you receive daily important information

For all Families:

Remember to sign your child in and out on arrival and departure. CCS will not apply if you do not sign in and out digitally.

Remember to confirm your enrolment on MyGov.

Educational Leader

Fundraising – Smelly bags.

Smelly bags available to be purchased for \$14. See office.

Features

Reusable, Washable, Eco-friendly Waterproof Bag

- Waterproof inner - No leaks through bottom or side seams!
- Machine washable & dryable
- Carry strap Name tag - Write name on tag with permanent marker
- Ideal size for day care or trips out when potty training - Can fit 3 sets of children's clothing.
- Durable lead-free zipper PVC Free
- Colours: Blue, Pink and Red
- Approximate Size: 30cm High x 15cm diameter (zipper opening 24cm long)
- <https://www.smellybag.com.au/>



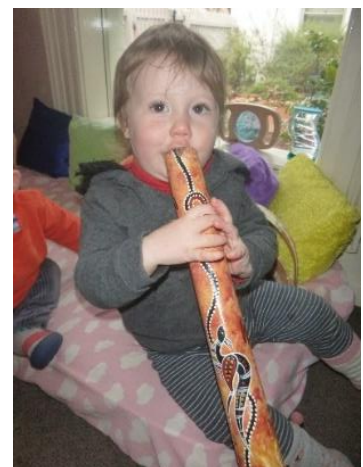
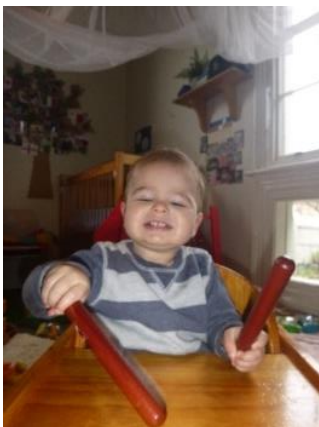
THANK YOU to the Carinya community for embracing our new book box. We have been thrilled with the fantastic response and everyone who has been taking and sharing the books. If you have any books that aren't being used, we would LOVE for you to donate them into the box whenever you can.
Thank you again and please KEEP READING :)



Koala Room with Nat and Cedella

Wow, another week of fun and learning has passed us by. We recently celebrated NAIDOC Week in the Koala room. As educators we took this opportunity to include our interest in music, by incorporating clap sticks as we learnt a traditional Indigenous song called 'Inanay Gupa Wana'. We explored beat and rhythm as we tapped our sticks while singing the song. In the Koala Room we extended on NAIDOC celebrations and looked at our own backgrounds and where our families originate from. We have already had two of our Koala families visit their extended families in Canada. Adding flags to our family tree helps us identify other places as we learn about diversity, teaching us to celebrate and respect the differences in all people from a very young age.

Nat and Dell



Possum Room with Demi, Maddy, Emily and Ange

Family Week in the Possum Room:

July 29th – 2nd August

At Carinya we are fortunate to have a wide diversity of families that participate in the life of this centre and we feel it is important to acknowledge each family's unique set of values, culture and traditions.

This year we will be embracing a week to celebrate families with fun activities that all family members are invited to attend.

We would love to share this week with our families of Carinya - please feel free to come along and join your child and educators for a lovely afternoon tea or story/sharing time. Please refer to the list of activities below for dates and time.

We understand that families have other commitments at this time of day, so please pass this invitation on to other special family members that may like to attend.

Monday 29th of July:

Fresh Fruit & Apricot Jam Pinwheels for Afternoon Tea @ 3.00pm (Made by the children)

Tuesday 30th of July:

Story time & Sharing with our Families @ 9.20am

Wednesday 31st of July:

Fresh Fruit & Raspberry Jam Pinwheels for Afternoon Tea @ 3.00pm (Made by the children)

Thursday 1st of August:

Story time & Sharing with our Families @ 9.20am

Friday 2nd of August:

Fresh Fruit & Blueberry Jam Pinwheels for Afternoon Tea @ 3.00pm (Made by the children)



Kangaroo Room with Sue Felicity Lisa Gemma and Mel

This past month we focused on many of the children's interests by setting up experiences to extend and support this interest. We are extending our craft experiences and have recently introduced collage pasting and a variety of drawing mediums. We have noticed more focused concentration as children create their pieces of artwork. Brown play dough was requested by the children and this has been popular with small vehicles to make "tracks in the mud". The sandpit has been a hive of activity with many children spending time with all the new diggers and trucks and this is creating great social opportunities as children come together at a shared interest.

Dramatic play inside and outside has been very creative as children use their life experiences and imaginations to create their own play scenario.



We have felt recently that some of the children have been overwhelmed by their own development and what is expected of them. It has been beneficial to all to revisit a more simplistic programme, talk about "what is next", discuss our emotions and how to deal with them in appropriate ways and the children have settled back into our familiar routine.

The children are leading their learning, becoming more resilient and independent and with this often comes feelings of being overwhelmed. Our goal recently is to ensure all children are feeling safe, secure and respected in the nurturing environment of the Kangaroo Room.



We have implemented new strategies to support children who are not sleeping at our routine rest time but still benefit from a quiet time.

We have had many team meetings over our brief down time when most are sleeping, to brainstorm strategies that will support your child and ensure all educators are involved including the educators that cover breaks.

As we have headed into winter the weather often guides our day and at times our excursions, but we still aim to be outside for periods of time each day, so please continue to pack spare weather appropriate clothing.

Our Thursday group had a visit to Over the Moon for a Yoga session with Belinda to celebrate International Yoga day. The children really enjoyed their introduction to Yoga, and we hope to have more sessions through the year.

We give children opportunity to lead our group times and give choices, book or song. This time is important to our programme as it is a time for children to make choices about books they want to read or give us some information about their life. It is also beneficial to educators to engage the children in intentional teaching when we introduce something new to our programme.



More recently we have introduced matching puzzles, some of which have been made by Felicity. A popular one is matching symbols from our indigenous past; each symbol has a meaning and we compare them to symbols that are currently in use. Many children are becoming familiar with the meaning and understanding of symbols and words and recognising their name or first letter or familiar words.

Please let us know if you are introducing toilet training and we can support your child with this while they are at Carinya. See educators if you require any information about toilet training.



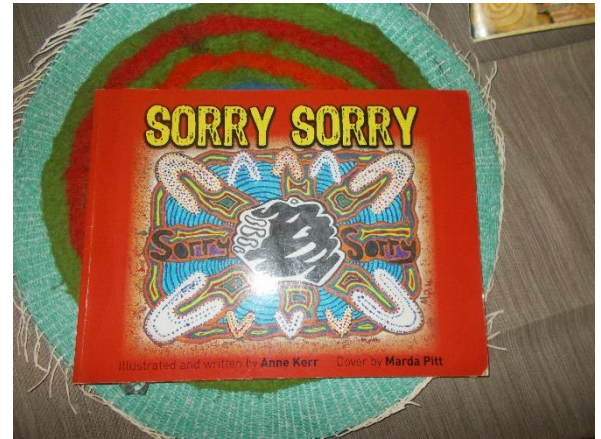
Please let us know if your child is not 100% well. Many children have or have had colds and may not be sick enough to stay home, but if we know that information it gives us the heads up if they are “not their usual self”. Sharing information about your child’s wellbeing, especially at this time of year is so helpful.

Please note that we are all getting such a great deal of pleasure from caring for your child and seeing their personalities develop and having such great conversations with them all. We feel very privileged to be a part of your child’s life.



Pre-kinder Wombat Room with Heather, Carolyn, Josie and Tarryn

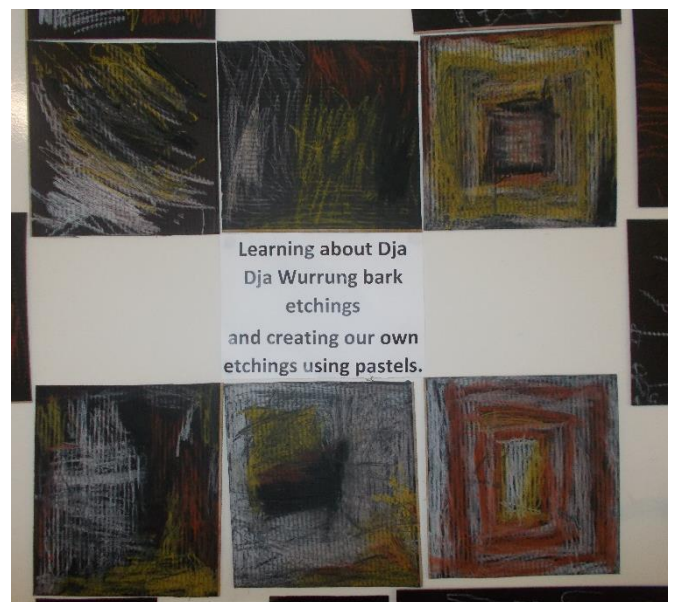
Developing respect, understanding and knowledge of Australia's first Nation's people - Aboriginal and Torres Strait Islanders - has been a focus during our NAIDOC week activities. We have been learning about bark etchings that the Dja Dja Wurrung people created to pass on knowledge and messages as well as demonstrate their spiritual and physical connection to country. The literature that we have been sharing with the children is providing an insight into how some people's lives and voices were not being considered and respected previously. Now that we are aware of this, we can learn from this new knowledge and make choices that are more respectful, considerate and informed. This is a valuable lifelong understanding.



Our Wombat supermarket is providing further opportunities for cooperation and interactions within a familiar community environment. The children are confidently exploring different identities and points of view through roleplay. They have been increasing their understanding of mathematical concepts; sorting and categorizing like objects, weighing and making comparisons as well as an early understanding of money. After the items have been purchased from the supermarket the play scenarios continue to evolve, utilising these items. The items purchased and on display at the supermarket, have also provided an example of different packaging materials and their purpose.

Identifying single use plastics, cardboard and tin, has encouraged a greater understanding about our rubbish and waste materials. We will be visiting Green Goes the Grocer, to observe how some foods can be purchased without being in a plastic wrap or placed in a plastic bag.

Heather, Carolyn, Ray, Josie and Tarryn.



Echidna Room – Kristy, Sally and Ray

Welcome Echidna children and families to term three, it looks to be a stimulating and full term!

We are thrilled to be able to offer the Bush Kinder Program twice a week during term three to ensure that all funded Kinder children are provided with very similar access and opportunity to attend during the year. Wednesday Bush Kinder finished at the end of term two, and Bush kinder will now take place during term three on Mondays and Thursdays. We ask that all Monday and Thursday families ensure that they have read the Bush Kinder email sent at start of July and speak to Kinder staff if any questions.

Some of the children's reflections on what they liked about term two Bush Kinder: ***“Going up the hills.” “Climbing on the trees and going up the big hill.” “I liked the big hill where I could do tricks.” “We got to do fun stuff like climbing that big rock at Campbells Creek.” “Campbells Creek, I go skipping.”***



This term we are fortunate to continue to offer yoga and dance sessions at Over the Moon studio with Belinda. Instead of Thursdays, yoga and dance will now be offered on Wednesdays.

Hola and welcome back Kristy and Sally from your overseas travels! We missed you both and look forward to hearing more about your adventures as well as any Spanish you learnt. Whilst Kristy and Sally were away, Carolyn filled in for Kristy, and Ray and Louise for Sally. The children enjoyed looking at the photos Kristy and Sally have emailed from their travels and locating where they visited on a world map.



The last few weeks has seen the children engaging in lots of outdoor play and enjoying the milder weather. The cooler season has also been suitable weather to have campfires in the 3-5 yard. This has provided opportunity to explore safety practices through a social experience and learn how fire can be used for warmth as well as cooking. To extend on the experience the children worked together with Ray to make some damper and cook it on the campfire for our afternoon tea. One of the children's reflections after the campfire, ***"We ate something at the campfire, food."*** For one of the children it stimulated dramatic play the week following the campfire ***"It's a fire, fire, fire (child rang the bell and then pretended to squirt water from a hose)."***



A number of the children have demonstrated an ongoing interest in space, so we have been utilising recordings of Story Time from Space. This is a project of the Global Space Education Foundation, a non-profit education foundation where children's books are sent to the International Space Station so that astronauts can then record themselves reading these books to the children of Earth. As some of the astronauts are women, it has provided further opportunity for the children to be exposed to female role models in STEM (science, technology, engineering and math) professions.

We have also been talking about the fiftieth anniversary since humans walked on the moon.

Thanks, Kinder staff.



Mt Alexander Family Day Care – Karen Steen, Eaglehawk.



Using our wonderful recycled pieces from PD day we are creating magnificent rockets. A rocket with wings and solar panels so it can keep flying when the fuel runs out (Dash Grade 1). A rocket ship with vacuum hose that will collect space junk to clean up space as it orbits (Jagger prep).

I love how both Children have instilled sustainability ideas into their designs - solar power and rubbish collection, plus our group project, super-fast silver rocket with special insulation to keep the sun out and astronauts warm and of course the best bit. engine fire.



Mt Alexander Family Day Care –NAIDOC Week July 7 – 14 July 2019

Aberdene Children's Service

This morning Aberdene Children's Service Family Day Care collaborated with the local Pre-School to provide shared experiences that reflect NAIDOC Week and continue the conversation around VOICE, TREATY, TRUTH. We cooked up damper and children measured, mixed and moulded the dough before baking to share together!

The entire morning was filled with yarning and getting to know new friends that walk alongside us in our Reconciliation journey!



Epsom FDC - Cindy Hilson and Tracey Page



Dear Families,

These photos from Educators show us all what can be done with recycled items!





Boys Brains

Castlemaine



This workshop will give insight in to the workings of a boy's brain and how their needs are different to girls. It will provide practical strategies to help parents and carers understand boy's needs and how to meet them.

Term 3, 2019

When:	Wednesday 11th September
Time:	Arrival and registration 5.45pm Session 6.00pm - 8.30pm
Where:	Castlemaine Child Care, 15 - 17 Templeton Street, Castlemaine
Cost:	Free
Facilitators:	CCS Family and Relationship Services
Childcare:	Sorry, no childcare provided

Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged



For bookings and enquiries contact Rebecca Buchanan, Assistant Director, Castlemaine Child Care on Ph: 5470 6284 or rebecca@castlemainechildcare.com.au



MT ALEXANDER FAMILY DAY CARE

BEFORE AND AFTER SCHOOL CARE PROGRAM

CASTLEMAINE NORTH PS
DEANNE WATSON 0408 922 904

Monday to Friday
3.30pm to 6.30pm

MALDON PS
ANALEIGH BRUIN 0431 754 097

Monday to Friday
6.45am to 8.45am
3.15pm to 6.00pm

FOR BOOKING DETAILS PLEASE CALL THE EDUCATORS DIRECTLY OR

MT ALEXANDER FAMILY DAY CARE

15-17 Templeton Street

Castlemaine Vic, 3450

03 54723665

carinya@castlemainechildcare.com.au

www.castlemainechildcare.com.au



Child Care Subsidy balancing basics

What is balancing?

After the end of each financial year, Centrelink balances your Child Care Subsidy ('balancing' is also known as 'reconciliation'). They do this to make sure you got the right amount of subsidy for the previous financial year.

How does balancing work?

Centrelink look at your actual adjusted taxable income for the 2018-19 financial year and compare it to the estimate you gave them.

They then work out if you were paid too little subsidy, the right amount or too much. They'll send you a letter to let you know the outcome. Your letter will tell you which of the following applies to you:

- You'll get a top up of subsidy because you were paid too little.
- You'll need to pay Centrelink back because you were overpaid.
- Nothing further because you were paid the right amount.

What do you need to do?

To balance your payments, Centrelink needs to confirm your family income for the 2018-19 financial year.

They'll do this after you and your partner lodge your tax returns. If one or both of you don't need to do this, you'll need to tell Centrelink you're not required to lodge a tax return.

Your subsidy can't be balanced until you do this.

Telling Centrelink you're not required to lodge

You can tell Centrelink you don't need to lodge a tax return in either your:

- Centrelink online account through myGov
- Express Plus Centrelink mobile app.

Select **Advise non-lodgement** and follow the prompts.

When will Centrelink balance your subsidy?

Centrelink will start balancing Child Care Subsidy payments from 29 July 2019.

Where to go for more information

To see when your subsidy has been balanced you don't need to call Centrelink. Instead you can:

- keep an eye on your myGov Inbox, this is where Centrelink will send your outcome letter
- view the status of Child Care Subsidy balancing in your Centrelink online account through myGov or Express Plus Centrelink mobile app.

To find out more about balancing your Child Care Subsidy (or your other family payments) go to **humanservices.gov.au/balancing**

IN 20 KIDS NEED YOUR HELP



Chloe, 5
Kidney Cancer

You can help find cures for
children's genetic diseases.

Date & Time: Friday August 2, 2019 _____

Location: Castlemaine Child Care _____

Details: Come dressed in your denim to show your support to children' with genetic diseases.

GOLD COIN DONATIONS WELCOME



*Jeans
for Genes*

JeansForGenes.org.au