



Welcome to our May Newsletter

We acknowledge Dja Dja Wurrung and Taungurung clans and the land on which the business of Castlemaine Childcare Co-operative - incorporating Mt Alexander Family Day Care and Castlemaine Child Care Centre - takes places and we recognise elders past, present and emerging.

Occupational Health and Safety

Dear Families, it is vital that you attentively supervise your children at drop-off and collection times. We have had a few near misses in both LDC and FDC with children running inside and into others or older children engaging in activities that compromise the safety of younger children. Older children not enrolled in care always remain your supervisory responsibility and younger children until delivered into care of educators or once you arrive are also your responsibility. Thank you for your attention to this very important matter.

Fees - thank you for your prompt payment of fees!
LDC fees are due two weeks in advance of care
FDC fees are due three business days after invoices raised

Non-payment of fees can place your child's position with us in jeopardy. Always speak to Rebecca (LDC) Lisa (FDC) if you have financial difficulty affecting your ability to pay your fees.

Hand, Foot and Mouth, Illness, temps and medication

Hand, foot and mouth is a viral infection, common especially among young children, spreading rapidly through direct contact with the blisters or from coughing, sneezing, talking and singing! Children must be excluded from care until all blisters have burst and are dried. (Exclusions Table attached).

In a care environment with many little children not yet managing optimum hygiene practices, it is imperative that children with a suspected illness brewing **do not come to care**. A temperature is often the first sign that illness is on the way. If your child has a temperature, *please do not administer paracetamol and send them to care*. If you are unsure if your child is well enough for care, you may like to seek a medical opinion.

Please remember for any episode of vomiting or diarrhoea, the child must not attend care for at least 24 hours after the last episode OR until other symptoms have resolved.

Rose Lavery, Centre Director.

Important Dates

2020 Kindergarten Information Evening – 27 May, 7pm
All interested parents invited.

Queen's Birthday - **10 June 2019**
CLOSED

If you are interested in Carinya Kinder for 2020 please keep an eye out for information regarding enrolments.

Please Remember

LDC Centre - Advise of absences through **KidsXap app**.

REMEMBER to SIGN your child IN and OUT each day

KidsXap web portal address:

<https://castlemainechildcarecoop.kidsxap.com.au>

LDC IMPORTANT INFORMATION

KidsXap – Please use the app to check bookings, confirm bookings, update your address, bank details etc etc

Make sure you have an active MyGov account. Only you can confirm enrolments and changes and view subsidies via this app.

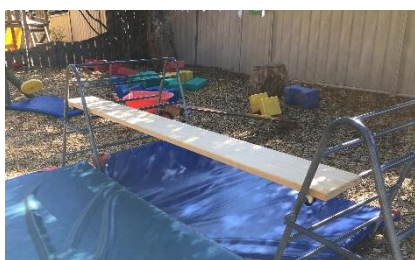
Educational Leader

As we strive to embed more sustainable practices into the service, we are on the cusp of introducing wet bags and as part of this transition, we are asking families to purchase a wet bag for transporting wet clothes belonging to their child. Such a simple change to our practice has the potential to heavily reduce single-use plastics being used at the service, so it's a great cause to get behind. Additionally, the wet bag we have selected for use *and for sale* has the durability to go well beyond your child's time at the centre and will be a handy wet bag for years to come.

We will have some bags on display in the foyer in the coming weeks with order forms to accompany so please watch this space.

Fundraising - Look what just arrived!

Our fundraising efforts have been rewarded with beautiful new resources made of recycled materials and beautiful Australian hard wood, set to last us for many years to come.



LDC Reminders for all centre-based children - please:

- ❖ send a change of clothes appropriate to the weather with your child.
- ❖ bring a piece or two of fruit daily.

Do you have KidsXap on your phone? Ask us for assistance to download the app so that you receive daily important information

For all Families:

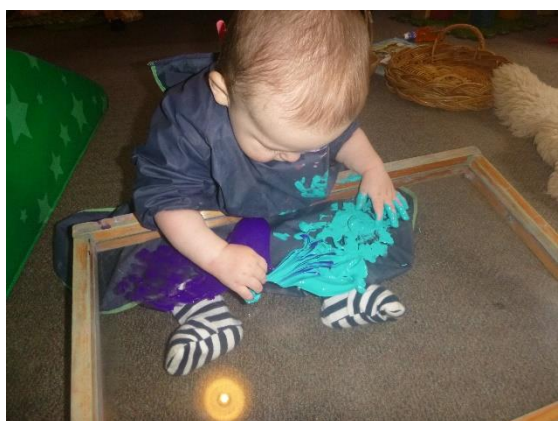
Remember to sign your child in and out on arrival and departure. CCS will not apply if you do not sign in and out digitally.

Remember to confirm your enrolment on MyGov.

As we get closer to the end of financial year many children are getting closer to the maximum allowable absences for childcare subsidy. Once a child reaches 42 absences in a financial year the childcare subsidy will not be paid for any future absences unless medical certificates can be produced. If you need to check the number of absences your child has it can be found on your statement under the heading YTD Absences. Please note that these absences only apply to bookings at our service.

Koala Room with Nat and Cedella

Over the past few weeks we have been very busy exploring lots of different experiences! Firstly, we introduced finger painting into our program and the children have loved swishing and swiping the paint from side to side and squishing it between their fingers. There are many good reasons for babies to explore a fabulous, messy art experience. Not only is it loads of fun, it is also an excellent kinaesthetic experience and is fantastic for the development of all big and small muscles including, fingers, arms, shoulders neck and back. Finger painting is wonderful for the development of colour recognition, developing creative skills and simple cause and effect thinking skills. We have also started going on regular excursions, getting out into the community visiting the HUB Garden, checking on the chickens, bees and worms. We collected lots of autumn leaves along the way and brought them back to our room for everyone to enjoy.



Possum Room with Demi, Maddy, Emily and Ange

We have been engaging in drawing with different mediums. We have used textas, pencils and crayons. The children's artwork has been displayed on the wall in our room. Please remember to check our artwork basket above the children's lockers for your child's artwork.

We have mainly been focused on encouraging the children's independence through their self-help skills. We have been practising washing our hands, drying our hands, recognising our own drink bottles, getting undressed before bed, putting our own belongings in our bag, and lots more.

We also wanted to show you some of our photos from our nature play week and our Easter Egg hunt.



Kangaroo Room with Sue Felicity Lisa Gemma and Mel

The Room is a hive of activity right now. Children come in keen to play at their favourite experience or discover something new.

We have had a few excursions to the oval to expend high energy, practice our ball skills and 'team' play concept. The children greatly enjoy and benefit from the open space to run free and use the soft grass to wrestle on.

In group situations, expecting children to manage their own feelings while considering others can be difficult. We consistently encourage children to think of each other's needs and feelings, we support them to regulate their own behaviour and find positive ways of managing frustrations. We encourage communication with peers and when things don't go to plan the first thing to do is use words to let everyone know your thoughts to help solve minor issues.

The room has been modified to cater for current interests and you may have noticed new roads, a pedestrian crossing and many street signs in our room. Cars, trucks, little people have also been included to complement the play. These have been well received by children, creating various scenarios whilst playing and this in turn helps children to understand and memorise what all these signs mean, giving them a purpose to what they view when out and about in the community.

The train table is still in action and with the addition of double tracks and a turn table combined with our visits to the station we are learning new information every week. The 'train play' has become more purposeful, knowledgeable and focused.

A small technology /office table has been created for children to role play their important 'business'. The children have embraced this area and are enjoying exploring the concept of being 'busy' doing work on phones or the keyboard.

As you know staff spend time writing up observations on each child to document your child's learning journey whilst in our centre. Your child's portfolio is available (on right of the back door to outside) for your viewing in the room whenever you wish.

If you have any queries or topics you would like to discuss, please feel free to come talk to your child's educators.



Pre-kinder Wombat Room with Heather, Carolyn, Josie and Tarryn

Hello Wombat Families

We are currently in the middle of celebrating National Family Week. It has been wonderful to have parents, grandparents and even an auntie, join us each day for a delicious afternoon tea and a play. The children have enjoyed making chocolate cakes, berry muffins and some choc chip cookies to share with our families. Recognising and celebrating the uniqueness of each family network and the important role each family member plays in our lives, has been our focus. Sharing quality time together helps shape our developing children, families and community. Understanding the complexity of what a family is has been interesting to unpack with the children. We have captured some of their thoughts and words and are on display on our family wall.

For our last day of National Families' Week, Wednesday 21st May, we will be sharing a story together at the Castlemaine Library for National Simultaneous Story Time and then an afternoon of music and singing with Aimee Chapman, Thea's Mum. Everyone is welcome.



We have also been continuing with our kindness journey. As we see or hear kind words being shared, we add these to our kindness clouds. Sometimes we do unkind things to others and hear unkind words. Unkind clouds remind us all, that people feel sad and hurt from these actions. We then remind each other to use only kind words.

Thank you to all our visitors!!! It has been so wonderful having you celebrate Families week with us.



See below our famous Crumpies recipe that we used during Families week.

SPEECH SCREENING

Each year the 4-5-year-old children enrolled in our kinder program have the opportunity for a free speech screening. **This service will be held at the Speech Pathology Department at Castlemaine Health.** The screening process is for children who may benefit from further investigation of the following areas of speech and language development:

- Any child whose speech is not able to be understood 80% of the time (4-4 ½) or 100% (4 ½ +)
- Any child who struggles to use common vocabulary and use these words in complete sentences.
- Any child who struggles with following instructions
- Any child who does not have the concentration and listening skills needed to engage in the kinder program
- Any child who struggles with engaging with other children or adults in appropriate/meaningful ways
- Any child whose parent is concerned with their speech or language development

Erica will contact us soon to arrange dates and times for our screenings. We have also been provided with a short screening tool to help decide whether or not your child would benefit from a screening. Kristy and Sally will be available to talk more with individual families about speech screening for your child and I have attached the link to the screening tool here for those of you who may be interested in completing it with your child at home:

<file:///C:/Users/User/Desktop/Admin%202019/PSFO%20resources/Quick-Speech-and-Language-Screener.pdf>

Please do not wait for a screening if you have concerns regarding a child's development. Children can be referred at any time to the Speech Pathology Department at CASTLEMAINE HEALTH via our Intake Team on Ph: 5471 3575 and will be seen for therapy without having to be screened first.

ELLA

On the 7th May we began rolling out the ELLA Spanish language program. The children are very interested in having their turn and it has been great to hear from those children who have already been exposed to Spanish in the home. We are currently using App 1 (with a total of 8 App's available as we progress through the year). This App focusses on the following areas:

- Greetings and introductions
- Likes and dislikes
- Farewells
- Incidental language

For more information on App 1 including specific words and phrases that the children are practising, please click on the following link:

https://www.ella.edu.au/media/1953/ella_spanish_appguide-1-updated_web.pdf?mode=pad&rnd=131813093350000000



**Castlemaine
Child Care Co-operative**
Carinya Early Education Hub

3yo & 4yo Kindergarten Information Evening For 2020 Enrolments

Monday 27 May 2019 7pm

This evening provides an insight into the rich and wonderful program that Castlemaine Child Care Co-operative Kindergarten offers.

You will have an opportunity to meet our Kindergarten teacher and ask any questions about this important year of education.

Castlemaine Child Care Co-operative 15-17 Templeton St.

For more information phone (03) 5472 3665
RSVP: Thursday May 23, 2019

Minimum period of exclusion from primary schools and children's services centres for infectious diseases cases and contacts (Public Health: Health and Wellbeing Regulations 2009, Schedule 7)

Condition	Exclusion of cases	Exclusion of contacts
Amoebiasis (<i>Entamoeba histolytica</i>)	Exclude until there has not been a loose bowel motion for 24 hours	Not excluded
Campylobacter	Exclude until there has not been a loose bowel motion for 24 hours	Not excluded
Chickenpox	Exclude until all blisters have dried. This is usually at least 5 days after the rash appears in unimmunised children, but may be less in previously immunised children	Any child with an immune deficiency (for example, leukaemia) or receiving chemotherapy should be excluded for their own protection. Otherwise not excluded
Conjunctivitis	Exclude until discharge from eyes has ceased	Not excluded
Diarrhoea	Exclude until there has not been a loose bowel motion for 24 hours	Not excluded
Diphtheria	Exclude until a medical certificate of recovery is received following at least two negative throat swabs, the first not less than 24 hours after finishing a course of antibiotics and the other 48 hours later	Exclude family/household contacts until cleared to return by the Secretary
Hand, foot and mouth disease	Exclude until all blisters have dried	Not excluded

Condition	Exclusion of cases	Exclusion of contacts
<i>Haemophilus influenzae</i> type b (Hib)	Exclude until at least 4 days of appropriate antibiotic treatment has been completed	Not excluded
Hepatitis A	Exclude until a medical certificate of recovery is received, but not before 7 days after the onset of jaundice or illness	Not excluded
Hepatitis B	Exclusion is not necessary	Not excluded
Hepatitis C	Exclusion is not necessary	Not excluded
Herpes (cold sores)	Young children unable to comply with good hygiene practices should be excluded while the lesion is weeping. Lesions to be covered by a dressing, where possible	Not excluded
Human immunodeficiency virus (HIV) infection	Exclusion is not necessary	Not excluded
Impetigo	Exclude until appropriate treatment has commenced. Sores on exposed surfaces must be covered with a watertight dressing	Not excluded
Influenza and influenza-like illnesses	Exclude until well	Not excluded unless considered necessary by the Secretary

Condition	Exclusion of cases	Exclusion of contacts
Leprosy	Exclude until approval to return has been given by the Secretary	Not excluded
Measles*	Exclude for at least 4 days after onset of rash	Immunised contacts not excluded. Unimmunised contacts should be excluded until 14 days after the first day of appearance of rash in the last case. If unimmunised contacts are vaccinated within 72 hours of their first contact with the first case, or received normal human immunoglobulin within 6 days of exposure, they may return to the facility
Meningitis (bacteria, other than meningococcal meningitis)	Exclude until well	Not excluded
Meningococcal infection*	Exclude until adequate carrier eradication therapy has been completed	Not excluded if receiving carrier eradication therapy
Mumps*	Exclude for 9 days or until swelling goes down (whichever is sooner)	Not excluded
Pertussis (whooping cough)*	Exclude for 21 days after the onset of cough or until they have completed 5 days of a course of antibiotic treatment	Contacts aged less than 7 years in the same room as the case who have not received three effective doses of pertussis vaccine should be excluded for 14 days after the last

Condition	Exclusion of cases	Exclusion of contacts
		exposure to the infectious case, or until they have taken 5 days of a course of effective antibiotic treatment
Poliomyelitis*	Exclude for at least 14 days from onset. Re-admit after receiving medical certificate of recovery	Not excluded
Ringworm, scabies, pediculosis (head lice)	Exclude until the day after appropriate treatment has commenced	Not excluded
Rubella* (German measles)	Exclude until fully recovered or for at least 4 days after the onset of rash	Not excluded
<i>Salmonella</i> or <i>Shigella</i> infection	Exclude until there has not been a loose bowel motion for 24 hours	Not excluded
Severe acute respiratory syndrome (SARS)	Exclude until a medical certificate of recovery is produced	Not excluded unless considered necessary by the Secretary
Streptococcal infection (including scarlet fever)	Exclude until the child has received antibiotic treatment for at least 24 hours and feels well	Not excluded
Tuberculosis	Exclude until a medical certificate is received from the treating physician stating that the child is not considered to be infectious	Not excluded

Condition	Exclusion of cases	Exclusion of contacts
Typhoid fever (including paratyphoid fever)	Exclude until approval to return has been given by the Secretary	Not excluded unless considered necessary by the Secretary
Verotoxin-producing <i>E. coli</i>(VTEC)	Exclude if required by the Secretary and only for the period specified by the Secretary	Not excluded
Worms (intestinal)	Exclude until there has not been a loose bowel motion for 24 hours	Not excluded

* Vaccine-preventable disease

Note: In this schedule, 'medical certificate' means a certificate of a registered medical practitioner.



Breakfast crumpies

A HEAVENLY CROSS BETWEEN CRUMPETS AND YORKSHIRE PUDS

DAIRY-FREE VEGETARIAN VEGAN



“Crumpies are my delicious invention – lovely and crisp on the top and bottom, and knotty, chewy and bubbly inside.”

MAKES 12

COOKS IN 45 MINUTES PLUS STANDING TIME

DIFFICULTY SUPER EASY

Ingredients

Vegetable oil
500g strong bread flour
1 teaspoon caster sugar
1 x 7 g sachet easy action yeast
A good pinch of bicarbonate of soda

Method

Crumpies are my new delicious invention and are a cross between a crumpet and a Yorkshire pudding. They can be whizzed together quickly, then poured into a Yorkshire pudding mould and banged into the oven to get lovely and crisp on the top and bottom, and knotty, chewy and bubbly inside. They're perfect with butter, or whatever other lovely condiments you've got hanging around the cupboard. My wife loves strawberry jam with hers, Daisy loves Marmite, Poppy loves a drizzle of honey, and personally I like a little scrambled egg with a blob of ketchup or brown sauce (or both) on the plate and, depending on how I feel, a little chilli sauce.

Preheat the oven to 170°C/325°F/gas 3 and grease a 12-hole muffin tin with some vegetable oil. Place all the other ingredients in a bowl with 2 teaspoons of sea salt and pour in 600ml of tepid water. The water needs to be warm enough to activate the yeast, but not so hot that it kills it.

Whisk everything together until you've got a loose batter that is just combined – this should only take a few seconds. Leave to stand for 10 minutes to let the yeast do its job. When the mixture is a spoonable, sticky consistency, but still quite wet, spoon it into the muffin tin. Fill each hole until it's almost level with the top of the tin and cook for around 35 minutes, or until the crumpies are risen and golden. Remove to a wire rack for a few minutes to cool slightly, then serve while still warm with anything you fancy.

Here are a few ideas to get your started:

Cream cheese, Jam and banana, A few slices of cooked ham, Some beautiful slices of cheese
Smoked salmon and a wedge of lemon, Sliced strawberries with cream or yoghurt
Some snapped up pieces of crispy bacon, A spoonful of quality jam
Sliced banana and runny honey, A spoonful of Nutella, Ham and mustard, A poached egg
... but there are no rules!